



# Hong Kong Boulder League 抱石聯賽 2023

比賽詳情更新 Competition Information Update

19/01/2023

## 比賽詳情 Competition Information

比賽日期 <b>Competition Date</b>	28 <sup>th</sup> JAN 2023 (SAT)
參賽組別(男/女) <b>Categories (Boy/Girl)</b>	U8 BOY (2016) U8 GIRL (2016) U9 BOY (2015) U9 GIRL (2015)
比賽地點 <b>Competition Venue</b>	JC San Po Kong 新蒲崗太子道東706號太子工業大廈地下D室 Rm D, G/F, Prince Industrial Building, 706 Prince Edward Road East, San Po Kong
比賽時間 <b>Competition Time</b>	18:00 – 21:00 (包括登記及頒獎 Inclusive of Registration & Award Ceremony)



## 比賽賽程 **Competition Schedule**

時間 <b>Time</b>	內容 <b>Content</b>
18:00 - 18:20	報到及集合 Registration & Call-in
18:20 - 18:50	大合照+比賽規則講解 Group Photo + Briefing Session on Rules & Regulations
18:50 - 19:50	U8 U9 比賽 (60分鐘) U8 U9 Competition (60 mins)
19:50 - 20:10	攀爬時間 (20分鐘) Free Climb (20 mins)
20:30 - 20:40	成績公佈 Result Announcement
20:40 - 21:00	頒發獎項 Prize Presentation
21:00	比賽結束 End of Competition

備註：比賽時間可能因實際情況作出適當調整。

Remark: The competition schedule is subjected to changes



## 比賽規則 Rules and Regulations

1. 初賽以FLASH模式進行。  
FLASH format will be used during the competition.
2. 賽員必須按照自己的組別攀爬指定線路。  
Athletes should climb the specific route number according to their assigned group.
3. FLASH 模式以「先到先攀」的方式進行，可自行選擇攀爬次序，總攀爬時數按各組人數不同。嘗試後若未能登頂，須重新排隊攀爬該線路。  
FLASH format follows a “first-come-first-climb” basis. Athletes can decide their climbing order within a given time limit in accordance to their category. Athletes must queue again to climb the route if they couldn't top the route.
4. 比賽進行時，賽員四肢離地後若未能成功起步/控制/踏穩起步後的第一個石頭，可無須排隊即時嘗試最多一次。One extra attempt will be given if athletes failed to the start or control or step the next hold on their first try.
5. 每次嘗試的攀爬限時90秒，嘗試後需要重新排隊。  
**Time limit is 90 seconds for every attempt, athletes need to queue up again for the next attempt.**



## 計分及排名 **Scoring & Ranking**

1. 每條線路各設2個得分區域及1個完攀點，以獲得分區域 (ZONE) 及完攀點 (TOP) 的數目計算成績，不計算攀爬次數。

There are 2 "ZONE"s and 1 "TOP" in each boulder. Only the number of "ZONE" and "TOP" achieved will be counted as the result. The result will not be affected by the number of attempts.

2. 計分準則先計算完攀數目，"TOP"數目越多，成績越高。

Performance of the athlete will be evaluated based on the number of "TOP" achieved. The higher the number of "TOP", the better the result.

3. 如賽員的完攀數目相同，則以每個ZONE 的獲得數目計算成績。先計算ZONE2的數目，再計算ZONE1的數目。

If athletes achieved the same number of "TOP", the number of achieved ZONE will be used to determine their ranking. The number of ZONE2 achieved will be counted first, followed by the number of ZONE1 achieved.